

RACHEL PINKOWSKI

RN, BSN, LNC

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SKILLS

- Complex Problem-Solving
- Documentation Review
- Legal Analysis
- Operational Standards
- Patient Examination
- Compliance Issues
- Expert Witness Evaluation
- Medical Research

EDUCATION

Bachelor of Science: Nursing, 12/2018 **Indiana University of Pennsylvania** -Indiana, PA

- GPA: 3.63/4.00
- Dean's List, 8 semesters
- Provost Scholar's Award

CERTIFICATIONS

- Legal Nurses Rock Certificate, 10/2021
- Basic Life Support, 12/2021
- Registered Nurse, 02/2019

PROFESSIONAL SUMMARY

Patient-oriented Legal Nurse Consultant with 4+ years of diverse experience in direct patient care. Expertise in managing medical records, creating timelines for discovery, and organizing materials to facilitate report writing. Strong ability to provide real-time advice on complex medical cases and conduct chart reviews focused on the standards of care.

WORK HISTORY

Legal Nurse Consultant /Owner/Operator, 06/2022 to Current Pittsburgh Premier Legal Nurse Consultant

- Followed all personal and health data procedures to effectively comply with HIPAA laws and prevent information breaches.
- Translated complex medical and billing record and located critical facts.
- Reviewed patient records, identified medical codes, and created invoices for billing purposes.
- Scheduled and summarized dispositions and review and assisted attorneys in preparation of preliminary and final witness lists.
- Utilize personal knowledge, experience, reference library, internet, and other sources to complete medical research.

CCU /Travel RN, 06/2022 to Current

Heritage Valley Beaver Hospital

- Administered medications to treat patients' symptoms and address underlying disease progression.
- Operated critical care equipment to keep patients stable and promote recovery.
- Delivered outstanding care to patients with various diagnoses and managed care from treatment initiation through to completion.
- Informed patients and families of effective treatment options and at-home care strategies, enhancing long-term outcomes.

CCU /RN, Intermediate Care Unit, 01/2022 to 04/2022 Evangelical Hospital

- Provided direct patient care, stabilized patients, and determined next course of action.
- Supported timely diagnostic and ongoing testing by collecting samples.
- Delivered well-rounded care by incorporating behavior modeling and culturally specific approaches.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.

Intensive Care /COVID-19 Intensive Care Registered Nurse, 12/2019 to 12/2022 UPMC St. Margaret Hospital

- Complied with infection control policies and Personal Protective Equipment use in COVID-19 ICU.
- Trained and coached new employees on protocols and best practices to promote ideal patient outcomes.
- Triaged patients and delegated treatment needs to qualified staff and specialized departments.
- Assessed and managed various patient treatments for numerous patient diagnoses from sepsis to acute respiratory distress.

Critical Care Rotational Nurse, 03/2019 to 12/2019 UPMC St. Margaret Hospital

- Rotated and oriented through the ICU, Ste-Down/Telemetry, Cardiology, Interventional Radiology, and IV team as RN.
- Administered medications to treat patients' symptoms and address underlying disease progression.
- Operated critical care equipment to keep patients stable and promote recovery.
- Guided and educated patients and caregivers on diagnoses, disease management, preventive measures, medication use and self-care to foster consistency in care administration.

Intern /Postpartum Unit, 09/2018 to 12/2018 West Penn Hospital

- Educated new parents on how to properly care for infants by instructing parents on bottle feeding, bathing, circumcision care and breastfeeding.
- Monitored and assessed mother and newborn after delivery to ascertain proper healing and recovery.
- Assisted mothers in establishing breastfeeding relationships with infants with proper latching demonstrations.
- Supported pregnant women in healthy labor processes.